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GOAL:	
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Break your goals into mini-steps. Lay them like bricks until you have built what you want. Use the "SMART" acronym to plan each step.

Step 6	What:	
	When:	
	Possible obstacles?	
Step 5	What:	
	When:	
	Possible obstacles?	
Step 4	What:	
	When:	
	Possible obstacles?	
Step 3	What:	
	When:	
	Possible obstacles?	
Step 2	What:	
	When:	
	Possible obstacles?	
Step 1	What:	as:
	When:	ar steps
	Possible obstacles?	Are your steps:
		Are your Specific Specific sing
		A ppearic d
		A ppealine A ppealistic Realistic Realistic
		A Ppeant Realistic Realistic Time-limited